



Soul in Training

By Alice Gravelle Kann

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Soul in Training is the distillation of a life s work spent exploring a way, a path, to personal inner harmony in the chaotic, materialistic 21st century world. It was written expressly for those who, much like the author, seek a rationale for a full life free of self-doubt and capable of loving and being loved. While it speaks to those happy in a traditional religion, its greatest power is in meeting the spiritual needs of the millions of disaffected, the 20 percent of Americans who told a 2012 Pew survey that they have found neither succor nor a truth that makes sense to them in organized religion. Soul in Training is the true-life memoir of a young mother who raised two children on her own, started and ran a successful business, survived cancer and heart surgeries and a major auto accident in her mid-years - she was struck down just weeks after one life-saving cancer operation - yet thrived! The secret of how she managed to survive and grow was in becoming aware of her personal...



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