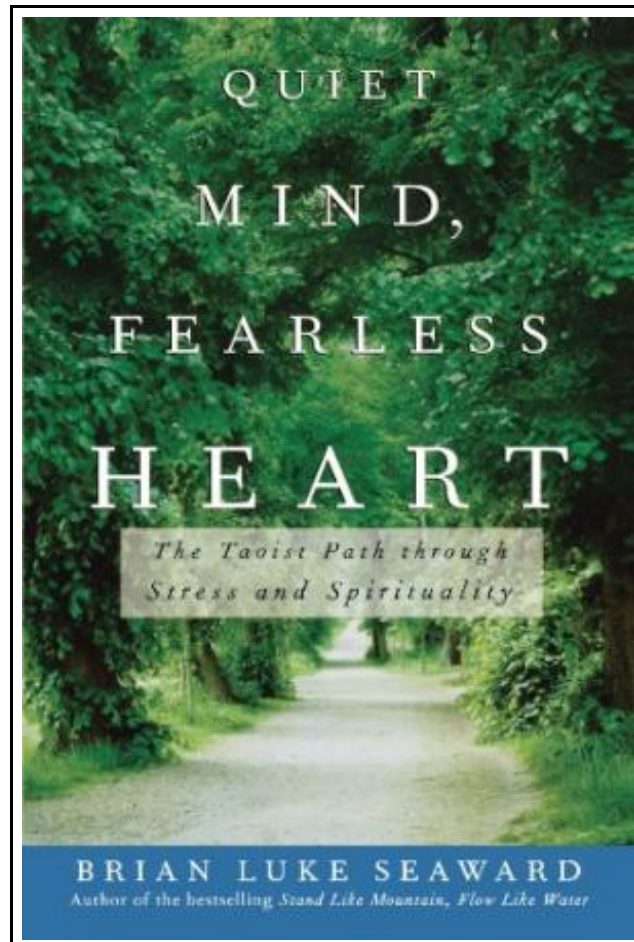


## Calm Mind, Fearless Heart: The Taoist Path Through Stress and Spirituality



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