



Reality Therapy--A Workable Approach for Adolescents

By Rev Dr Shirley McCoy Watson

iUniverse, United States, 2005. Paperback. Book Condition: New. 229 x 142 mm. Language: English . Brand New Book ***** Print on Demand *****. Reality Therapy--A Workable Approach for Adolescents was written in an effort to give direction to those who are working with adolescents who are delinquent, runaways, truant, experiencing problems with teenage pregnancy, drug addiction, and other emotional issues. Reality therapy may be used as a means 1) to help them face reality and reject irresponsible behavior and 2) to develop a positive outlook of the future even though the portrait that has been painted by society appears futile. Adolescents must realize that they have choices in every situation and that they must be willing to accept the concomitant consequences of each choice. Reality therapy is a process in which people are taught better ways to fulfill their needs than they have learned so far. She is also the author of Overcoming Life's Adversities---Tough People Always Win.



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