



Calming the Family Storm: Anger Management for Mums, Dads, and All the Kids

By Gary D. McKay, Steven A. Maybell

Impact Publishers Inc., U.S., United States, 2004. Paperback. Book Condition: New. 229 x 147 mm. Language: English . Brand New Book. Anger and confrontation are a part of our lives, like it or not. Every normal family will experience anger, but the reward for families that learn how to deal effectively with that anger is a healthier, happier family environment. Calming the Family Storm is a practical manual of helpful aids for handling the inevitable anger that every family experiences. Helps families work on the changes that will result in less anger, more effective expression of the anger that you do experience, and a happier and more harmonious family life.

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